EXACTOSPEED COACH

PROFESSIONAL STOPWATCH

Thanks for choosing AccuSpeed professional stopwatch. This digital stopwatch features with split time measurement, as well as normal time display. To get the most out of your purchase, be sure to carefully read this manual and keep it on hand for later reference when necessary.

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A. FEATURES

- Time, date, day of the week display, 12/24 hour display format (selectable by user)

- 1/100 second stopwatch with split time display

- Daily alarm

- Hourly chime

the number quickly).

- Press SPLIT/RESET key to choose second, minute, hour, date, month and day of the week (A/P is 12 hours mode setting, A stands for the AM, P stands for PM, H stands for 24 hours mode setting).

- After setting, press MODE key to return to time mode.

E. SET ALARM

- In the normal time mode, press MODE key twice, time and day of the week will flash simultaneously; this indicates the stopwatch is in the alarm mode.
- Press SPLIT/RESET key to choose hour and minute, press START/STOP key to advance the number of the hour and minute. Press MODE key to reset back to time mode.

F. SET HOURLY CHIME

- In the normal time mode, press and hold SPLIT/RESET key first, then press MODE key. The day of the week will display full segment, which means the Hourly Chime is ON.

- You can toggle the MODE key to select the Hourly Chime ON / OFF. There will have no segment display on day of the week if the Hourly Chime is OFF.

G. CARE OF YOUR STOPWATCH

- Never attempt to disassemble or service your stopwatch.

- Protect your stopwatch from extreme heat, shocks and long time exposure to direct sunlight.

- Stopwatch can be wiped clean with a

lightly moistened cloth. Apply mild soap to the area if there are stubborn stains or marks. Do not expose your stopwatch to strong chemicals such as gasoline, clean solvents, acetone, alcohol, insect repellents, as they may damage the unit's seal, case and finish.

- Store your stopwatch in a dry place when you are not using it.

- Avoid allowing the stopwatch to come into direct contact with hair liquids, colognes, sun block creams, and other toiletries, which can cause deterioration of the plastic parts of the stopwatch. Whenever the stopwatch comes into contact with these or other toiletries, wipe it off immediately with a dry, soft cloth.